

Ciara Adams

OBJECTIVE: To expand clientele and continue to work as an artist educator.

BACKGROUND: Ciara Adams is a multi-disciplinary performer and educator. After studying Opera at Queen's University, Ciara trained as an actor at The Guildhall School of Music and Drama. It was at The Guildhall that Ciara became acquainted with Patsy Rodenburg and her unique and enthusiastic approach to vocal coaching and actor training. She has worked with the RNT, RSC, Quarantine, Theatre Gargantua, bluemouth inc. and more. Ciara continues to work professionally in the areas of theatre, television, voiceover, and music. She develops, runs, and facilitates youth voice and theatre workshops regularly.

EDUCATION

1991-1995	The Guildhall School of Music and Drama, London, UK (BA Hon. Acting)
Summer 1995	The Royal Academy of Dramatic Art, London, UK (Shakespeare Course)
1996-1999	Queen's University (BA Hon. Music)
2007	LiFT Instructors Course and Certification (Music Listening Therapy)
2007	Theatre de Complicité Toronto Workshop (Acting Workshop)
2007	Professional Viewpoints Training- offered by VOLCANO

ARTIST IN EDUCATION EXPERIENCE:

2007-ongoing

VOCABLE

In 2007 Ciara Adams and Canadian sound poet a.rawlings (*Wide Slumber for Lepidopterists- Coach House Books*) started **VOCABLE: Creative Toolbox Workshops**. Using our combined skills we work with young people, professional poets, actors and others sharing warm-ups and creation exercises we use to develop individual and collaborative art. We teach how to harness creative skills while being aware and present, and participants engage in writing exercises, breath and voice work, and improvisation.

In early 2008, the VOCABLE team will be traveling to *Queen's University* to lead a workshop in the Drama Department and to *Trent University* to lead a workshop and take part in *Doing it in Public: Public, Performance, and Poetry*.

2007

Physical Character & Beyond

Ciara was invited as a guest artist educator to offer a Full day original workshop to Theatre Orangeville's Youth Theatre Participants as they prepared to stage *Alice in Wonderland*. Asked to draw on her experience as an interdisciplinary devising artist, Ciara designed and lead the workshop: **Physical Character & Beyond**, this workshop focuses on building ensemble, finding character through improvisations & physicalizations, and vocal explorations. The workshop draws on the creative practices of Laban, Grotowski, Anne Bogart, Patsy Rodenburg, Theatre de Complicité, and more. Participants were aged 11-18. Ciara continues to offer this workshop to private groups, schools, and arts establishments.

2003-ongoing

bluemouth inc.

Ciara has been an associate artist/creator with bluemouth inc. since 2003. bluemouth inc. is an interdisciplinary theatre collective based in New York and Toronto, that creates site-specific art theatre. bluemouth inc. explores formal issues related to site-specific work: compositional counterpoint between the properties of film, movement, sound design and spoken word; a temporal installation integrated within a challenging setting; and an ongoing adjustment of the relationship of the performance to the spectator. In 2007 bluemouth inc. launched it's debut workshop, a week long **Intensive on Site-Specific, Interdisciplinary, and Collective Performance**. bluemouth inc. continues to offer this workshop to private groups, Universities and arts establishments.

www.bluemouthinc.com

ADDITIONAL EXPERIENCE

Ciara is also a therapist at Toronto's **Listening Centre** working with developmentally delayed and autistic children (of all ages). Listening Therapy is a unique form of music therapy created by Dr. Tomatis in France and further developed by Paul Maudale, which uses the music of Mozart to engage and encouraged listening fitness. Ciara is currently becoming a certified **LiFT** (Listening Fitness Trainer) and recently made a series of CD's for Listening Technologies called *Tricky Sounds*.

REFERENCES UPON REQUEST